

**FEBRUARY  
2010  
LISBON SCHOOL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN NUGGETS BAKED FRIES CORN ROLL DESSERT	2 PASTA WITH SAUSAGE OR MEATBALLS SALAD DESSERT	3 COMBO GRINDERS CHIPS JUICE BOX COOKIE	4 TACO'S SOFT SHELL SEASONED BEEF OR CHICKEN TOPPINGS RICE/VEGGIE CAKE	5 TURKEY DINNER MASHED/VEG ROLL/BUTTER DESSERT
8 CHICKEN PATTY ON ROLL SPICY OR PLAIN BAKED FRIES LETTUCE/TOM DESSERT	9 BRUNCH FOR LUNCH FRENCH TOAST STICKS OR BAGEL SAUSAGE/EGGS HASH BROWN FRUIT	10 FRENCH BREAD PIZZA SALAD DESSERT	11 HOT DOG MAC AND CHEESE BAKED BEANS FRUIT AND COOKIE	12  NO SCHOOL
15  NO SCHOOL	16  NO SCHOOL	17 POPCORN CHICKEN PLAIN OR GENERAL TSO'S FRIED RICE VEGGIE FORTUNE COOKIE	18 GRILLED CHEESE TOMATO VEGGIE STICKS SHAPE-UP	19 RAVIOLI CHEESE GREEN BEANS IT BREAD DESSERT
22 CHICKEN NUGGETS BAKED FRIES CORN/ROLL DESSERT	23 BRUNCH FOR LUNCH FRENCH TOAST STICKS OR BAGEL SAUSAGE/EGGS HASH BROWN FRUIT	24 HAMBURG CHEESE BURG OVEN BAKE FRIES LETTUCE/TOM ATO COOKIE	25 PASTA WITH MEAT SAUCE GREEN SALAD BREAD STICK BROWNIE	26 NACHOS CHEESE SAUCE SEASONED MEAT OR CHICKEN WHITE RICE CORN DESSERT

**MILK IS SERVED AT EVERY MEAL-SKIM-LOW FAT CHOCOLATE-1%-LACTAID**

**A VARIETY OF FRESH AND CANNED FRUITS AND VEGETABLES  
ARE OFFERED DAILY ON BOTH THE HOT LUNCH AND THE  
ALACARTE LUNCH LINES**

**ALA CART SANDWICH VARIETY – ASSORTMENT OF HOT OR COLD SANDWICHES-P&J – FRESH  
FRUIT AND MILK SERVED DAILY AS AN ALTERNATIVE LUNCH**

**SALAD VARIETY- COMPLETE CHEF, RUNNERS SALAD, AND OR CHICKEN CAESAR SALAD WITH  
FRESH FRUIT AND MILK ALSO AS AN ALTERNATIVE LUNCH.**