

**SEPTEMBER
2010
LISBON SCHOOL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 MOZZARELLA STICKS DIPPING PASTA SAUCE BREAD STICKS SALAD ICE CREAM	2 PASTA WITH MEAT SAUCE BREAD STICK SALAD BROWNIE	3 BRUNCH FOR LUNCH FRENCH TOAST STICKS OR BAGEL SAUSAGE/EGGS HASH BROWN FRUIT
6 NO SCHOOL	7 CHICKEN NUGGETS FRIES CORN/ROLL FRUIT	8 PIZZA TOSSED GREEN SALAD COOKIE	10 NACHOS CHEESE SAUCE SEASONED MEAT WHITE RICE CORN FRUIT	10 GRILLED HOT DOG TATAR TOTS BAKED MAC AND CHEESE FRESH FRUIT
13 POPCORN CHICKEN REG. OR GENERALT'SO'S FRENCH FRIES CORN ROLL/FRUIT	14 PASTA WITH MEAT SAUCE BREAD STICK SALAD OREO PUDDING	15 FRENCH BREAD PIZZA SALAD SURPRISE COOKIE	16 BRUNCH FOR LUNCH FRENCH TOAST STICKS OR BAGEL SAUSAGE/EGGS HASH BROWN FRUIT	17 GRILLED CHEESE TOMATO SOUP VEGGIE STICKS DIP CAKE
20 CENTRAL CHICKEN ON A ROLL BAKED FRIES LETTUCE TOMATO JELL-O/WHIPPED CREAM	21 MOZZARELLA STICKS DIPPING PASTA SAUCE BREAD STICKS SALAD ICE CREAM	22 HAMBURG CHEESEGURG FRENCH FRIES LETTUCE TOMATO COOKIE	23 TACOS SOFT SHELL SEASONED MEAT OR SEASONED CHICKEN CHEESE WHITE RICE APPLE COBBLER	24 PASTA WITH MEAT SAUCE TOSSED SALAD BREAD STICK BROWNIE
27 CHICKEN NUGGETS FRENCH FRIES CORN ROLL FRUIT	1 NACHOS CHEESE SAUCE SEASONED MEAT WHITE RICE CORN FRUIT	29 PIZZA CHEESE/ PEPPERONI SALAD COOKIE	30 BAKED CRUNCHY CHICKEN MASHED VEGGIE ROLL CAKE	

MILK IS SERVED AT EVERY MEAL-SKIM-LOW FAT CHOCOLATE-1%-LACTAID

**A VARIETY OF FRESH AND CANNED FRUITS AND VEGETABLES
ARE OFFERED DAILY ON BOTH THE HOT LUNCH AND THE
ALACARTE LUNCH LINES**

ALA CART SANDWICH VARIETY – ASSORTMENT OF HOT OR COLD SANDWICHES-P&J – FRESH FRUIT AND MILK SERVED DAILY AS AN ALTERNATIVE LUNCH

SALAD VARIETY- COMPLETE CHEF, RUNNERS SALAD, AND OR CHICKEN CAESAR SALAD WITH FRESH FRUIT AND MILK ALSO AS AN ALTERNATIVE LUNCH.